

# INSIDE SUNSHINE NEWSLETTER

February 2020



## SEPO BOARD

I would like to thank the outgoing board members Dick Shelton and Clint Wunderlich for their service the last two years.

The board is looking for any thoughts or suggestions for improvement projects in 2020. Don't be shy, all will be considered.

Anyone interested in volunteering as a "Welcome Committee"? If so, contact me or any board member and we'll get you started.

On Monday, February 17, 2020 the current board will have its last board meeting in the "all purpose room" at 1pm. If you wish to speak at the meeting please submit your request by Friday, 2/14 at noon. This is an open meeting and any resident is welcome.

Don't forget to vote!! There are 4 openings on the board and 5 candidates. Every vote counts!

The letter enclosed with the ballots has an error on when the deadline is for accepting ballots.

**The ballot deadline is Tuesday Feb 18<sup>th</sup> at 1 pm.**

Please sign your "proxy statement" if you don't plan on attending the 1 pm meeting on Feb 18. If you plan on attending the meeting and you've signed the "proxy statement" you can golf etc until the meeting is reconvened at 3pm. A quorum is required to have the election.

On Tuesday, February 18, 2020 the SEPO annual meeting, per our bylaws, will be held in Retzlaff Hall at 1:00 PM. Once a quorum is determined, a recess will be taken to count the ballots for the election of board members. The meeting will reconvene at 3pm to announce election results, 2019 financial and board member reports for 2019 will also be presented.

John Chajec  
SEPO President

## Women's Club

Hard to believe we only have two months left for our Women's Club activities. This season we have enjoyed many fun-filled events. Thank you and "Hats Off" to Denise Utterback, Carolyn Anderson and

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their committee for hosting the New Homeowners' party. To our new homeowners a big welcome to Sunshine!

Please check out the Women's Club board located in the library for upcoming events. We encourage you to sign up for an event, it's a great way to meet your neighbors!

Our next Women's Club meeting is Feb 21<sup>st</sup> at 9:00 am in Retzlaff Hall. Coffee and rolls are provided. All women of Sunshine are members, so hope to see you there!

Eileen Anderson  
President

## Women's Club Activities

A big thank you to Marian Young and her committee for a wonderful Christmas Dinner enjoyed by all who attended and to Denise Utterback and her committee for a fun evening at the New Homeowners' Party.

There are several events planned for February and hope you will participate in one or all of the events planned. The first will be a SuperBowl Party on February 2<sup>nd</sup> held at Retzlaff Hall. Details are currently posted in the library. The second event will be a Valentine's Day Dance on February 14<sup>th</sup>. There will be pizza and a salad bar plus dessert followed by a dance by The Classics Band. Look for a signup sheet in the library soon with times and cost. The last event for the month will be on February 22<sup>nd</sup> in Retzlaff Hall. It is called Remember When and there will be more information posted as the date approaches.

There are many exciting events to participate in this next month so grab your friends and come and have a great time. If you have any questions about upcoming events, please contact me.

Vickie Jones - Activity Director  
262-689-7068

February 2 - SuperBowl Party  
February 14 - Valentine's Day Dance  
February 22 - Remember When

## Women's Club: SuperBowl Party

The 2020 SuperBowl party signup sheet is posted in the library until Thursday, January 30. Get off your couch, your golf cart or whatever and come sign up.

Details of the event are:

- February 2, 2020 --- Doors open 4 PM till game over
- \$5.00 per person --- Hotdog bar
- Please bring an appetizer, finger food or something sweet to share.
- Please BYOB and money for betting.

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- Wear your football colors, football shirts, and come!

Eileen Anderson & Pam Lacy

### Women's Club: Back When

**ITS SHOWTIME! FEBRUARY 22<sup>nd</sup>.** One of the next events sponsored by the Women's Club is entitled "**BACK WHEN**". We are having such a good time going through the videos of shows produced and directed by our own LASSEY DAHLSTROM over the years. In fact, many of us have participated in them either by performing or assisting with costumes, sets or otherwise. And now some of us are preparing for her next big show, "YOU, ME AND ALEXA" coming up in March.

We have managed to bring many of those memories back into this one program – **BACK WHEN**. It's a Saturday night so a good night to be entertained and have a lot of laughs! As for those past performers, be prepared to take a bow once again. We'll start at 7:00 p.m. and wind it up about 8:30 p.m. Let's celebrate Lassey and her good works.

Refreshments include wine and cheese. Watch for ticket announcement.

Share Nelson

### Women's Club: Resident Photo Directory

At the time this Newsletter is being published Resident Photos have already started to be taken - **BUT there's still time to sign up**. The committee started Sunday, Jan 26, taking pictures of residents (and your furry friends, if you wish) for the **SUNSHINE RESIDENT PHOTO DIRECTORY**. If you haven't signed up yet for the day & timeslot you want, you need to do so quickly.

Each appointment is in five-minute intervals. So please be on time, ready when it's your turn and bring your patience. Here is a list of remaining dates & time to choose from:

- Tuesday January 28th: 12-4
- Friday January 31: 10-2
- Saturday February 1st: 1-4
- Sunday February 2nd: 1-4

#### **What You Need To Bring With You –**

- A piece of paper containing your: Names(s), Sunshine Address & Phone Number(s)
- \$15 Cash for 'each' bound soft-cover book you wish to purchase. The book will contain resident pictures and the plan is to also include pictures of Sunshine Activities/Events.

**NOTE:** We are collecting book payments when you get your picture taken because we need to prepay the company that is creating the books.

Any proceeds from the sale of the photo books will go to the Women's Club.

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If you are hesitant about whether you want to get your picture taken – hesitate no more. Just think how nice it will be to just pick up the picture book and be able to see your Sunshine Friends & Neighbors and Yourself!

If you have any questions, please feel free to call Sue Swidryk at 847.452.7804 or Terry DeBackere at 309.714.4743.

Sincerely, your friends: Terry DeBackere, Sue Swidryk, Deb Robins & Beth Parrish

## Retzlaff Hall Media Center Equipment Guide

Have you ever looked at the TVs or the other media (Sound Bar & DVD Player) in Retzlaff and said to yourself; I wonder how you use all of this? Well, help is here. A guide on how to use this equipment has been created and is posted in the Hall. Both this new Equipment Guide and the previously created Use Guidelines are available on the Web site: <https://www.sunshinecountryclub.com/media-system>.

Deb Robins & Beth Parrish

## Women's Golf: GNGT Lunch Stand

The Sunshine Women's Golf will host a Lunch Stand at the pool pavilion on Thu, Feb 6<sup>th</sup> and Fri, Feb 7<sup>th</sup> from 11am to 1 pm. This is open to everyone whether you play in the Good Neighbor Tournament or not.

Cost will be \$5.00. Thursday lunch will be a barbeque sandwich, chips and a drink. Friday we will have brats or hot dogs, chips and a drink. Extra sandwiches will be available for an additional \$2.00. Please pass the word and support the Women's Golf League. Thank you

Terry DeBackere

## Women's Golf: Guest Day

Save the date and invite your friends for a fun day of golf!

Our annual fun golf day is February 12<sup>th</sup>. We play a scramble, so you really don't need to be a "golfer"! We meet at 8:45 for coffee, donuts and fellowship. Golfing starts at 9:30. After golf - at about 12:30 - we have lunch provided by the women's golf league consisting of salads, finger foods and desserts.

Prizes will be given out after lunch!

All this fun costs only \$2.00 a person!!!

Ask your friends from inside Sunshine and outside the community. Signup sheet will be in the library.

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By Cathy Richmond For the Golf Guest Day Committee

### Woodworker's Club Report

Once again, the residents of Sunshine Estates gave outstanding support to the Woodworker's Club and its spaghetti dinner this past week. And the number of people who gave their time to prepare the food (special kudos to the kitchen help), served the food and drinks, baked cakes and cleaned up afterwards are thanked for spending their time and efforts to help the Woodshop as well.

As some of you know, the Woodshop is replacing the current table saws with SAWSTOPS that instantaneously shut down should a finger or hand touch the blade when the machine is running. Thanks to Pat Harvey and his committee for undertaking this huge task. One of the SAWSTOPS will be purchased with Woodshop funds; the other through a fundraising effort. If you'd like to support the Woodshop in this project as well, you can do so by delivering a check to the Woodshop.

Monitor trainings have been given by Jack Berning and there are currently 24 authorized monitors for the Woodshop; in January, 13 more people took the Orientation and Safety Class done by John Chajec. Consider giving woodworking a try!

On **Tuesday, February 4, from 6:00 p.m. to 9:00 p.m.**, Dennis Pickett will be teaching a class on **lathing acrylics** in the Woodshop. He has made some beautiful bowls and vases and it's another hobby that can be fun and challenging. No need to sign up; just show up! Thanks, Dennis, for doing this for us.

**Wednesday, February 5, at 8:00 a.m.** is the monthly scheduled woodshop clean-up and we sure would love to see a few more faces to help the dependable 4-5 people who always show up to clean.

**Woodworker's Club meetings** in February will be held on the 14<sup>th</sup> and 28<sup>th</sup> at 1:00 p.m. in the Woodshop.

Suzie Sawyer  
President

### Birding and Nature Enthusiasts

The Birding and Nature Enthusiasts will hold their monthly meeting in the library on Monday, February 3<sup>rd</sup> at 7:00 p.m. Anyone interested is invited to attend. Items on the agenda include our February field trip and the upkeep of the Texas Avenue area. The fountain in the butterfly garden needs attention. See you at the meeting.

### The Killer Bees Quilters

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The Killer Bees quilting group meets every Thursday morning in Retzlaff Hall at 9AM. The sewing projects coming up at the end of January are "The Magic Inch Quilt" (Jan 23); and "Optical Illusion" (Jan 30) using a striped fabric. In February we'll be very busy helping with the Rio Grande Quilt Guild's Quilt Show on South Padre Island on February 14 and 15; and then later in February we have a class on Easy Machine Quilting (Feb 20). Come and check us out!

Questions? Call Jan Baethke or Diane Tewell or Marsha Santow.

### SEPO Web site

**If you ever find anything on the Web site that isn't working or I need to investigate for accuracy etc, please let me know.** Also – If you have any pictures or videos of events that have been held at Sunshine to date this season – I would sure appreciate you sending them to me at [sunshinecountryclub@gmail.com](mailto:sunshinecountryclub@gmail.com) so I can get them on the Web site.

Remember one of the primary purposes of the Web site is to get outsiders interested in Sunshine and moving in to join our super fun community!!!

*Beth Parrish*

*SEPO Web site Admin ([www.sunshinecountryclub.com](http://www.sunshinecountryclub.com))*

*E-Mail: [sunshinecountryclubweb@gmail.com](mailto:sunshinecountryclubweb@gmail.com)*

*314-960-6710*

### SEPO COMMUNICATIONS

One of the best forms of communication within the Sunshine community is via the SEPO e-mails. The e-mail distribution list is still missing some of our residents. If you know of anyone who needs to be added to the e-mail list, please have them send their name, Sunshine address and e-mail to: [sepoenews@gmail.com](mailto:sepoenews@gmail.com).

For anyone who isn't familiar with the Guidelines concerning the Sunshine E-Mails, Newsletter and Web site, you can find them listed under the "Rules/Officers tab" on the Web site under "Communications": <https://www.sunshinecountryclub.com/sepo-laws>

Please feel free to contact me at any time if you have questions concerning SEPO Communications.

*Beth Parrish*

*SEPO Communications*

*(314-960-6710)*

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### Neighborhood Watch – CERT Team



**Sunshine Neighborhood Watch – CERT Team (Est. 2008)**  
**(Est. 2008)**



**SCCE - Harlingen's premier NW & CERT Team.**  
**Lights On -- Lock Up and Look Out for each other!**

**Lenore J. Combs, Coordinator 956 245 1276 LJCombs44@gmail.com**

Dear NW-CERT Volunteers, Residents and Friends,

Next NW-CERT meeting will take place on Monday 17 February 2020 3pm Retzlaff Hall. Coffee's always on. Cookie Bakers, please do a dozen. Our Sunshine community is always invited and especially the Board. Open lines of communication - a 2-way process that establishes trust by listening, sharing and supporting. Please mark your calendars. The February schedule will be out soon. Are you on it?

This meeting will be committed to orientation and principles of practice of the NW-CERT Team.

Was glad to see so many of our residents at Winter Texan Appreciation Day.

We have new batteries and new head lights on the McGruffmobile. If any maintenance concerns come up – call me and we will look into it.

Don't forget, the Ambulances will be driving around here soon as part of an "area-fam" exercise and they will also have a test on where to find different places etc. Sunshine also has an S.O.S. Yelper installed on our Front Gate which allows Police, Fire and EMS to pull up to the Front Gate where they can sound their alert (signal) from their Unit and enter when the gate opens.

EMS and Sunshine appreciates and enjoys the rapport we have established. Sunshine's program of neighbors helping neighbors, the Be-A-Buddy Program, RED Envelope, NW and CERT all contribute to our readiness in case of.....

National EMS week is traditionally celebrated in May. In 1974 President Gerald Ford authorized EMS Week to celebrate these EMS practitioners and the important work they do in our communities. Let's thank them anytime for providing these everyday frontline lifesaving services. NAEMT partners with the American College of Emergency Practitioners together ensure that the important contributions of safeguarding the health, safety and well-being of their community are constantly being met.

Our AED just had its 3rd birthday and we gave it new batteries. It lives in a wall-mounted box in the Pool area next to the double doors coming out of the Library. It is always available for demonstration – just call us and we always have CPR-AED info at the monthly NW meetings. If you need the AED, you must ALWAYS call 911 first. Utilize your Be - A - Buddy system when anticipating a medical concern. Once you call Emergency Services, they want you to stay on your phone dealing with your emergency. Your

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Buddy can summon more assistance to send someone to Front Gate and turn on the RED Rotating Light switch to alert the EMS for the correct location – even get the AED. Grab your RED envelope with your current health history – (and your sweater) and you're good to go. Plan a little drill in your head - where's your emergency phone numbers, charging cord for the phone, meds; whose gonna take care of the pet etc.

Some folks addressed a 911 phone be made available? poolside or someplace. Great topic for the SEPO Board. Please place your ideas on paper and submit them in the Suggestion Box in the Office.

Maybe it's time to change the Front Gate Code - start the year off on a safe and secure note. Think about it.

Flotsam and Jetsam: Leap Day 29 February 2020

Leap Day tradition is steeped in Irish and Scottish tradition. History has it - St. Brigid asked St. Patrick permission for women to have this day to propose marriage. Or - try some great recipes like Shepherd's pie. Stay in touch – love – living – healing - learning. Reinforce your New Years resolution with 4 Things To Do Before Next Leap Year!

### FROM THE EDITOR

Thanks to all who submitted articles informing everyone of what's going on here at Sunshine during February. Sounds like another busy month. Newsletter Guidelines can always be found on the Web site here: <https://www.sunshinecountryclub.com/sepo-newsletter-guidelines>.

**Beth Parrish**

**SEPO Newsletter Editor** ([seponewsletter@gmail.com](mailto:seponewsletter@gmail.com))

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