



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



SEPO Board: President



From the President's Desk – November Newsletter

Dear Homeowners,

As we enter the month of November, we are reminded that this is a season traditionally associated with gratitude, and I extend my sincere appreciation to all residents who have contributed their time and efforts toward maintaining and improving our neighborhood.

With the arrival of fall, please remember to maintain your property by clearing weeds and ensuring that landscaping is properly managed. These efforts will preserve the aesthetic quality of our neighborhood. Seasonal decorations in common areas will be installed later this month. We welcome residents to participate by decorating their homes in a tasteful and consistent manner, reflecting the spirit of the season.

The next meeting of the Board of Directors will be held on **Monday, November 10 at 1pm in Retzlaff Hall**. The Residents Meeting will be held on **Wednesday, November 12 at 1pm in Retzlaff Hall** (this is a change from the regular Tuesday date due to Veterans Day). Agenda items include the review of the 2025 budget, discussion of ongoing maintenance projects, and planning for future community enhancements. All homeowners are encouraged to attend.



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



As daylight hours shorten, please remain vigilant. Homeowners are encouraged to utilize outdoor lighting where possible and promptly report any unusual activity to the appropriate authorities.

On behalf of the Board of Directors, I thank each of you for your continued cooperation and commitment to our community. It is through collective effort and shared responsibility that we can maintain a welcoming environment to our neighborhood.

Wishing you and your families a safe and pleasant Thanksgiving season.

Respectfully,

-Randy Davis

SEPO Board President

Communications



SEPO Emails:

On Sunday, Oct 19, I updated the "SEPO Email Guidelines". If you haven't reviewed them yet, please do so. They can be found here:

<https://www.sunshinecountryclub.com/guidelines-sepoemails>

Please remember, if you post information on Facebook that meets the email guidelines, please send that same info to sepoenews@sunshinecountryclub.com, so that those residents/renters who do not use Facebook are aware.

- Beth Parrish, SEPO Email Manager



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Website:

Since there has been so much chatter lately about the “Mr. Fix-It” list, it reminded me to ask the community if there is anyone who wanted to take over responsibility for keeping it updated. It does require knowledge of EXCEL. If anyone is interested, please contact me.

I am slowly but surely getting updates made to the website for the 2025-26 season. As always, let me know whenever you see anything that needs to be corrected/updated on ANY web page.

- Beth Parrish, Sunshine Website Administrator

Women's Club: President



As we step into November, a season of gratitude and giving, I want to take a moment to thank each of you for the continued support you've shown to our Women's Club throughout the years. Your time, donations, and enthusiasm make everything we do possible — from community gatherings to community donations/updates. I would also like to acknowledge the wonderful friendships formed that make our Women's Club so special.

This month's activities and event details will be listed by our Activity Director, Mary Hull, so be sure to check out all the fun ways to stay involved!



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



The Women's Club is looking for a new Historian! If you enjoy taking photos, sharing memories, or working digitally, this could be a perfect fit. We'd love someone to help capture and preserve our fun seasons—possibly on the SEPO website. If you're interested, please reach out to any Women's Club Officer.

Looking ahead, this is an election year for Women's Club Officers, and we're beginning the important process of forming our Nominating Committee. If you're interested in helping select the right candidates to guide our club into next season, we would love your participation. This is a great way to contribute your voice and help shape the future of our club.

This month is all about appreciation. To our volunteers, committee chairs, and generous community participants — thank you. Your kindness keeps our club strong, and our community connected. Whether you've helped in the kitchen, helped with setting up/cleaning up, worked an event, or simply shown up with a smile, you make a difference.

We're always happy to welcome new and returning members — and we love fresh ideas! If you'd like to join in our efforts, make new friends, or learn more about how we give back to the community, come to our next meeting on **Friday, November 21st at 9am in Retzlaff Hall**. We'll be chatting about upcoming events, hot topics, and possible community contributions. And as always, there will be delicious refreshments and a door prize entry for anyone wearing their name tag or Women's Club merchandise!

Wishing everyone a wonderful November filled with good company, gratitude, and plenty of pumpkin pie!

Sincerely,

-Pam Davis - President, Women's Club
Phone: 214-516-4844



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



WOMEN'S CLUB: Activity Director



Women's Club Upcoming Activities:

Tuesday, November 11 will be our annual recognition ceremony for Veteran's Day in Retzlaff Hall. Time to be determined. Keep an eye on your emails. Jim Tennant, Rich and Cindy Hulswitt and Lenore Combs are co-chairing this event. After the ceremony, there will be a potluck. Let's all come out to thank our veterans on their special day. They deserve our heartfelt gratitude. November Women's Club Meeting is Friday, November 21 at 9am in Retzlaff Hall.

Thanksgiving falls on Thursday, November 27. (As the chairpersons finalize their plans, they will communicate them to the community.) Sally Hardy and I will be chairing the celebration this year. We will be depending on our committee to help it run smoothly. As in past years, we are asking for volunteers to cook 7 turkeys (we will provide the turkeys...you just need to cook them). There will be a signup sheet in the library 10 days in advance as to what sides you can bring. Again, there will be a \$5 charge to cover the cost of the turkeys. You can put money in the boxes in the library. We all have things to be thankful for. This is a wonderful way to celebrate with your neighbors.

Saturday, December 6, from 8:00am to Noon will be our annual Bake and Craft Sale in Retzlaff Hall, chaired by Nancy Lyne. Can't wait to try some goodies! Personally, I'd love some more crafters to come out to sell your creations. I know many of you are extremely creative. Sign up for a booth!

That's all for now!!

-Mary Hull, Women's Club Activity Director

Phone: 612-695-1600



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



FREE Medicare 101 Educational Session

Hi, neighbors! Join us for an informative **Medicare 101 Session** in the **Retzlaff Hall on Friday, November 7, from 10am to 11am**. Breakfast burritos (or “tacos,” as we like to say in the South!) will be provided. To help our presenters plan, please sign up starting **Wednesday, November 5** so they can get an accurate breakfast count.

Feel free to reach out with any questions—see y’all there!

-Pam Davis - President, Women’s Club

Phone: 214-516-4844

Join us for a free event

Changes to Medicare for 2026

**Friday, November 7,
10 a.m. – 11 a.m.**

Do you have Medicare? Are you new to the area? Are you unhappy with your current PCP? Do you have questions about how your current Medicare plan will affect you in 2026 with all the changes that are happening? You are in luck we are bringing all of this information to you.

**Experience care you can feel great about.
At CenterWell Senior Primary Care®,
you can expect:**

- Same-day appointments for current patients
- 24/7 access to the care team
- A team of experts who take the time to understand your needs.



**Come meet Agent Eric & Michelle,
Princess with CenterWell learn
valuable information and enjoy some
refreshments.**

Sunshine Country Club Estates
1957 Michigan Dr
Harlingen, TX 78550



**To RSVP, call
214-516-4844.**

We're Medicare-friendly! We accept Medicare plans from many providers, including Aetna, Amerigroup/Wellpoint, BlueCross BlueShield, Cigna, Humana, Prominence, Superior Allwell and Wellcare.

* While supplies last. Some restrictions apply.
CenterWell® does not discriminate on the basis of race, color, national origin, ancestry, sex, sexual orientation, gender, gender identity, disability, age or religion in their programs or activities, including admission or access to, or treatment or employment, in their programs and activities.
GCHL4GZEN



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Men's Golf



The Men's Golf League will begin on Tuesday, November 4th and will play Every Tuesday through March 31st. The cost for the entire League including the League Tournament and awards luncheon is \$40.00 due before your first round is played. There will be 2 shifts, one at 8:30am and one at 10:15am, and you can choose which time you want to play on a weekly basis. Squads will be determined by random drawing. The drawing for the 8:30am shift is 8:15; the drawing for the 10:15am shift is 10:00 SHARP!!! The League is handicapped into different flights to encourage all levels of abilities to participate. New, unestablished players must record 4 League scores to establish a handicap. Please come and join us! It's a lot of fun and a great way to meet new people in our neighborhood. Pay League dues to Matt Lyne anytime between now and the first Round of League play. Thanks!!!

-Matt Lyne, Men's Golf League

(308) 870-1423

Email: mattshotsclays@yahoo.com

Women's Golf

IMPORTANT REMINDER: We start league golf on Wednesday, November 5, 2025. We meet in the Library between 8:30am-8:45am to sign in. We will collect league dues which have been changed to \$30 this season. Some or all the money needs to be in \$1.00 bills. Hostess signup sheets are on the golf bulletin board. We need two people to sign up in advance for each week. Please check what works best for you and sign up to help us out! The packets include all the necessary instructions.



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



As always, ask for help when in doubt.

Thank you!

-President: Gloria Voth (507) 217-9657
-Secretary: Judy Moffatt

-Vice President: Lori McCurry
-Treasurer: Norma Rutiaga

Wood Shop



Welcome back to all the Winter Texans, plus a special Thanks to the year-round Wood Workers who assisted in keeping our Wood Shop in shape!!! With November fast approaching we have two important dates to add to your calendar.

Tuesday, November 4 - Wood Shop Clean Up. Clean Up usually starts around **7:30am** and lasts about one hour. All woodworkers, monitors, and anybody who has had the Wood Shop Orientation class are welcome to help clean the shop. The more we have, the better.

Generally, our Wood Shop meetings are held on the **2nd Friday of each month at 1:00pm - 2:00pm, November through April.** However, for our first meeting a special date has been selected. This is a **NECESSARY MANDATORY MEETING FOR ALL MONITORS**, which will be held immediately following our first regular meeting.

FIRST REGULAR WOOD SHOP MEETING:

Our first Wood Shop meeting will be on **Monday, November 10.** Please plan to attend for important updates.

TIME: **1:00pm- 2:00pm**

LOCATION: **Wood Shop** – meetings usually last about one-hour tops.



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



MANDTORY MONITOR MEETING:

Monday, November 10. **ALL MONITORS** please plan to attend this meeting. We have several items to discuss.

TIME: AROUND **2:00pm**, immediately following the regular Wood Shop meeting.

LOCATION: **Wood Shop.**

Wood Shop hours are **9:00am to 12:00 noon and 1:00pm to 4:00pm, Monday through Friday. Saturday and Sunday are hit and miss.** There is usually a monitor who goes there to work on projects. If a monitor has the shop open, woodworkers who have had the safety training are welcome to come in and work. They can also check out equipment (small items-hand tools, ladders etc.) for a minimum of 3 days. Only monitors have keys to the shop. There must **always** be a monitor in the shop for safety reasons.

- Nancy Lyne, President

THE KILLER BEES –

THURSDAY MORNING QUILTING CLUB



What are The Killer Bees doing in November? There will be no meeting on November 6th as many of us will be at our retreat in Rockport at The Retreat House. On **Thursday, November 13, at 9:00am in Retzlaff Hall,** we'll collect all the pillowcases made for the Elementary school children. On **Thursday, November 20, at 9:00am,** we'll have a Sew Day with our member, Aly Bradley, presenting "Binding Made Easy". (FYI...A binding is the fabric we put on the edge of each quilt to finish it.) We do not meet on Thanksgiving. On to December!! As always, please contact me with any questions.

-Jan Baethke

Phone: 956-357-2218



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Painting Club



If you like to dabble in watercolor, acrylic or oil paints, let's get together to create art! The club will meet on **Tuesdays from 1:00pm-4:00pm in Retzlaff Hall**. Bring your own supplies and a table cover to protect your workspace. Our first gathering will be **Tuesday, November 18**. If you have questions, please contact Janee Bledsoe or Jane Meehan. See you there!

-Jane Meehan

-Janee Bledsoe

Phone: 218-393-7611

Phone: 956-207-4318

Email: janemeehan99@yahoo.com

Sunshine Garden Club



Our monthly meeting will be an outdoor event. (**NOTE:** Our usual time to meet is **2nd Monday of each month, 4:00pm in Retzlaff Hall.**)

Sunshine Garden Club, along with the **Birding and Nature Club**, are looking for "weed warriors" (nickname by Tom Perrier) to help clean up some of the gardens along Texas Avenue.



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Meeting: Monday, November 10, 2025

Time: 10:00am

Place: Gazebo on Texas Avenue

After Party: Root Beer Floats to celebrate all the hard work.

If by chance there is rain, we will meet on the following Monday, November 17 at the same time (10:00am).

We plan to visit with members at the Gazebo to discuss our upcoming winter activities, such as Texas Superstars, Wild August Flower Farm, Jennifer Wilson, rose care and a tour to the UTRGV Pollinator Garden.

I want to thank all the fine residents who kept the gardens going this summer in the heat, rain and bugs. Your hard work is very much appreciated.

-Susanne Ulrich, Garden Club
507-351-0647

Water Aerobics



There are two Water Aerobics Sessions held at the Sunshine Pool, year-round, every Monday through Friday. The first session is held from 8:25am to about 9:20am. According to instructor Genie Newsome, the class focuses on flexibility and stretching, helping you with your mobility and balance. The workouts are set to music. We welcome newcomers, and you don't need to know how to swim to participate. Even if you have never done this before, why not give it a try? All fitness levels are welcome. We have a lot of fun and hope to see you there!



INSIDE SEPO NEWSLETTER NOVEMBER 2025



The second session begins at 9:30am. According to Instructor Cathy Chajec, they play instructional CDs with music and have at least 5 different sessions, one for each day of the week! Some participants use pool noodles, while others use deep water belts. Cathy has a new series of water aerobics called "We Coach". It is very good and easy to understand. It is a great series and provides a total body workout.

We hope to see you at the Pool!!!

-Cathy Chajec

Phone: 708-280-8910

Email: ccsayjack@gmail.com

Jefferson Elementary Christmas Program Update!



I just wanted to provide an update on the Jefferson Elementary Christmas program to be held on Wednesday, December 10 at 9am.

I am overwhelmed by the generosity of Sunshine Estates residents. These children are going to have a fantastic Christmas, thanks to all of you. We have backpacks, pillows with amazing pillowcases made by Jan Baethke and her sewing group, knitted caps lovingly made by Audrie Andreatos, stuffed animals, books, and Barbies.

On Wednesday, November 12 from 10am-12 Noon in Retzlaff Hall, we will be filling the backpacks with school supplies for the children and building baskets for the teachers. There are 23 teachers in the school; if you would like to put together your



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



own basket, let me know, or show up that morning as we have office supplies to add to them. Kleenex and wipes are also welcome!

We will need at least 12 toy trucks or cars (no battery operated), and another 7 plus Barbies. Cash donations are welcome to finish buying packaged treats and drink boxes for the party and anything we still need.

And, of course, we have Santa and Mrs. Claus! Our very own Bobby and Janee Bledsoe! I knew it would take many hands to make this happen. Thank you from the bottom of my heart!

-Mary Hull

Phone: 612-695-1600

Fishing Club



The first Fishing Club meeting will be held on **Wednesday, November 12th at 6:00 pm in Retzlaff Hall**. It is important for all fishing club members and those interested in joining the club to attend.

We had planned to have elections this fall, however, with the passing of our founding president, Bill Peterson, and a resignation of another member we only have three officers. We plan to solicit nominations from the floor at the December meeting and Vote.

If anyone has nominations or questions, please feel free to contact Deb DesLauriers-Eich (Secretary) at 715-821-4552, Bill Petersen (Treasurer) at 507-291-7106, or Pat Heinerikson (At Large Director) at 816-810-2862.

Thank You!

-Deb DesLauriers-Eich

Phone: 715-821-4552



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Birding and Nature Club



Birding and Nature Club: Greetings, neighbors! We will be kicking off the season with our first meeting, **Monday, November 3, in the Library at 7:00pm**. All are welcome to attend to discuss the plans for the 2025-2026 session.

Our **Monday, December 1 Meeting will be in Retzlaff Hall at 7:00pm** and will feature local naturalist, Mike Heap. Mike will introduce us to the subject of citrus here in Rio Grande Valley.

See you soon!

-Deb Jones, Secretary

Birding and Nature Club

Monday Night Euchre



Everyone is welcome on **Monday Nights at 6:30 pm in the Card Room for Euchre**. Beginners or experienced - your dollar (entrance fee) and dimes (Euchres) are always appreciated. All donations are distributed to first, second, third place winners, most loners and low scores will get a refund of their entrance fee.

Join us for a great time! Any questions call:

-John Chajec

Phone: 708-280-8940



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Neighborhood Watch News



SUNSHINE CC ESTATES - Neighborhood Watch - CERT **Third Monday each month - Retzlaff Hall - 3pm Sharp**

Welcome to our community! This communication is a current special edition for 2025. Our Neighborhood Watch aims to foster a strong and positive working relationship with the local Police Departments in Harlingen and Combes. All residents are the “eyes and ears” of Sunshine Country Club Estates.

Lights On – Lock Up and Look Out for Each Other!

A Neighborhood Watch Program is essential. Currently, our NW Program is fairly active, but we can always use more volunteers. Neighborhood Watch groups are NOT vigilante forces working outside the normal procedures of law enforcement. We **REPORT and OBSERVE!**

We have no dues, and the Coffee is always on. Our famous Cookie Bakers usually *do a dozen*. We discuss security issues, and most meetings have a training session presented by the Police or Fire Department. We also have CPR training complete with an AED trainer pad available at all meetings.

Evening Patrols: Mary Grande gets this project together each month with volunteers who sign up mostly for an evening patrol. Hours are available and orientation is a must. “Patrols” is the heart of the program. We can arrange for you to complete an “area-fam” – for patrol routine. You will learn some very interesting stuff about security. We have a dedicated NW Golf Cart. (The McGruff Mobile –



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



named after the dog.) Check it out! We encourage 2 volunteers to patrol as one drives the Golf Cart and the other can take notes, call in suspicious activity, etc. Safety is first and your job is to **observe and report**. No weapons are allowed. Contact Lenore Combs (956 245 1276) for more information.

Daytime Patrols: These are like the Evening Patrols and require orientation. However, these patrols can be done on foot, bicycle, golf cart (NW or personal) or vehicle. We still encourage teams. You can be our eyes & ears while getting the mail or walking the dog!

Vendor Patrols: Various folks usually patrol every morning. Residents can do this easily while walking around or driving. These are random patrols and are done regularly as we are looking for the **Vendor Tags**. These Vendor Tags should be hanging from the rear-view mirror of vehicles that are doing work in the community. Residents are encouraged to contact the NW when a vendor comes to do work at your house. These hanging tags are also issued to residents who may have daytime and/or nighttime caregivers. Residents may also get their caregiver a gate clicker, however, the resident assumes responsibility for the clicker. Also, we have a **TEMPORARY VISITOR TAG**, if you need one for extended company.

Block Captains and Co- Captains: These special volunteers make the NW tick. All nine streets ideally should have a volunteer Block Captain as a point of contact. These Co-Captains would be those volunteers who are next door to four or six homes – just keeping an eye out.

CERT Team: The CERT Team (**Community Emergency Response Team**) is associated with the Harlingen Fire Department. CERT teaches us about disasters. The team includes Sunshine residents who have completed special training and meet monthly at the Fire Department for information and education. They are knowledgeable in First Aid, CPR, AED, light search & rescue, etc. There is usually an annual class offered for CERT training at the Fire Department.

Vehicle Decals: This square orange reflective decal is on our vehicles (rear window-upper corner – driver side) so we know this vehicle belongs in Sunshine.



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



Gate Codes, Keypads & Clickers: We occasionally change the Gate Code. We will do the Front Gate code change periodically. It will not affect your Clickers. Call Lenore Combs (956-245-1276) or the Office for concerns.

RED Medical Envelope: The NW provides RED medical envelopes for both people and their pets. The medical information should be updated as needed annually or if medical information changes. When completed, keep the envelopes attached to the front of your refrigerator. EMTs will automatically look there. If you have a Do Not Resuscitate or Do Not Intubate, keep that important paper in there too. (Otherwise, EMS will attempt to resuscitate you while enroute to the hospital.)

IMPORTANT PHONE NUMBERS:

Emergencies: 9-1-1

To Report Suspicious Activity:

Harlingen Police Department: 956-216-5940

(**NOTE:** This number is staffed at the Police Department (24 x 7) by an office employee. Have your details ready.)

Combes Police Department: 956-425-7131 (21626 Hand Road).

We also have a partnership with the Cameron County Constable Office –PCT. 5

More Extended Information on the Neighborhood Watch will be available to the community very soon. Look for a SEPO email.

Thank You!

-Lenore Combs

Phone: 956-245-1276



INSIDE SEPO NEWSLETTER

NOVEMBER 2025



From the Editor



My goodness! What happened to October??? Here we are in the third “ber” month, & I’m still working from Wisconsin! I want to thank all of you who submitted articles for the October SEPO Newsletter (my “Trial Run”). Your contributions and encouragement mean more to me than you’ll ever know!

There seems to be plenty of people in our community who are willing to share their interests & talents. I am so in awe of the Volunteers who make Sunshine Country Club Estates the successful home that we all love. Please continue to share your Club’s information with your friends & neighbors! On a personal note, I want to thank all of you who contributed to this November Newsletter, as well as those who were patient with me when I responded with my numerous questions!

Remember, as additional details are finalized for your events, or if you have a reminder you want to share about an event, Beth Parish can send it out at any time in a SEPO email via sepoenews@sunshinecountryclub.com,

Thanks to all for making my job fun! I’m so happy to hear from you! Keep the information flowing and enjoy the on-going events for November!

Blessings for a Safe and Happy Thanksgiving! (“Gobble, Gobble”!) 🦃

-Cyndi Skidmore, SEPO Newsletter Editor

Email: seponewsletter@gmail.com